

Intro: 16 counts / 12 seconds, Start on the word "HEAD"

1-9 SIDE-CROSS ROCK-RECOVER, 1/4 SHUFFLE, STEP, 1/2 PIVOT, RIGHT-LOCK-STEP

- 1-2-3 (1) Step right to right, (2) cross rock left over right, (3) recover on right [12]
4&5 (4) Step left 1/4 turn left [CCW], (&) step right next to left, (5) step left forward [9]
6-7 (6) Step right forward, (7) pivot 1/2 turn left [CCW, 3]
8&1 (8) Step right forward, (&) lock left behind right, (1) step right forward [3]

10-16 1/4 TURN, BACK ROCK-&-SIDE, BEHIND-SIDE-CROSS, SWAY-SWAY

- 2-3 (2) Step left forward turning 1/4 right [CW], (3) rock right behind left [6]
&4 (&) Recover on left, (4) step right to right [6]
5&6 (5) Step left behind right, (&) step right to right, (6) cross left in front of right [6]
7-8 (7) Step right to right swaying hips right, (8) sway hips to left [6]

17-24 SWEEP, BEHIND-SIDE-FRONT, SIDE ROCK-&-CROSS, FULL ROLL FORWARD

- 1 (1) Turn 1/4 left [CCW] on ball of right sweeping left out and behind right [3]
2&3 (2) Cross left behind right, (&) step right to right, (3) cross left over right [3]
4&5 (4) Rock right to right, (&) recover on left, (5) cross right over left [3]
6 (6) Step left forward 1/4 turn left [CCW, 12]
7 (7) On ball of left pivot 1/4 turn left stepping back on right [CCW, 9]
8 (8) On ball of right pivot 1/2 turn left stepping forward on left [3]

25-32 STEP-SYNCOPATED JAZZ BOX, SIDE-CROSS ROCK-RECOVER, 3 STEP FULL TURN

- 1-2 (1) Step forward right, (2) cross left over front of right [3]
3& (3) Step back on right, (&) step left to left [3]
4-5 (4) Cross right over front of left, (5) step left to left [3]
6-7 (6) Cross rock right over left, (7) recover on left [3]
8 (8) Step right 1/4 turn right [CW, 6]
& (&) On ball of right pivot 1/4 right stepping left to left [CW, 9]
- 1 (1) On ball of left pivot 1/2 turn right stepping right to right [CW, 3]
Count (1) is the first step of the dance

Start again from count 2.....with a BIG smile

Easy alternative for the last "8&1"

RIGHT SIDE SHUFFLE

- 8&1 (8) Step right to right, (&) step left next to right, (1) step right to right [3]

Music download available from www.loftoncreekrecords.com
