Linedancer

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The Trail

64 count, 2 wall, Intermediate

Choreographer Judy McDonald (Canada)

Choreographed To
Trail Of Tears by Billy Ray Cyrus

Section 1	Right Toe & Heel Touches & Crosses With Taps.
1 - 2	Touch Right Toe To Left Instep Knee Pointing Left. Touch Right Heel Forward.
3 - 4	Hook Right Across Left Tapping Toe To Floor. Touch Right Heel Forward.
5 - 6	Hook Right Across Left Tapping Toe To Floor. Touch Right Heel Forward.
7 - 8	Touch Right Toe To Left Instep Knee Pointing Left. Step Right Beside Left.
Section 2	**Left Toe & Heel Touches & Crosses With Taps.**
9 - 10	Touch Left Toe To Right Instep Knee Pointing Right. Touch Left Heel Forward.
11 - 12	Hook Left Across Right Tapping Toe To Floor. Touch Left Heel Forward.
13 - 14	Hook Left Across Right Tapping Toe To Floor. Touch Left Heel Forward.
15 - 16	Touch Left Toe To Right Instep Knee Pointing Right. Step Left Beside Right.
Section 3	**Right Heel & Toe Twists, Left Toe, Heel Toe Heel.**
17 - 18	Twist Right Heel To Right. Twist Right Toe To Right
19 - 20	Twist Right Heel To Right. Twist Right Toe To Right.
21 - 22	Twist Left Toe To Right. Twist Left Heel To Right.
23 - 24	Twist Left Toe To Right. Twist Left Heel To Right.
Section 4	**Right & Left Knee Pops With Holds.**
25 - 26	Pop Right Knee Forward. Hold.
27 - 28	Straighten Right Leg Popping Left Knee Forward. Hold.
29 - 30	Straighten Left Popping Right Forward. Straighten Right Popping Left Forward.
31 - 32	Straighten Left Popping Right Forward. Straighten Right Popping Left Forward.
Section 5	**Right Heel & Toe, Step 1/2 Pivot Left, Step 1/4 Pivot Left.**
& 33 - 34	Step Onto Left In Place. Touch Right Heel Forward. Hold.
35 - 36	Touch Right Toe Back. Hold
37 - 38	Step Forward Right. Pivot 1/2 Turn Left.
39 - 40	Step Forward Right. Pivot 1/4 Turn Left.
Section 6	**Right Heel & Toe, Step 1/2 Pivot Left, Step 1/4 Pivot Left.**
41 - 42	Touch Right Heel Forward. Hold.
43 - 44	Touch Right Toe Back. Hold.
45 - 46	Step Forward Right. Pivot 1/2 Turn Left.
47 - 48	Step Forward Right. Pivot 1/4 Turn Left.
Section 7	**Step, Brush Forward, Back, Forward, Leading Right & Left.**
49 - 50	Step Forward Right. Brush Left Forward.
51 - 52	Brush Left Back Across Right. Brush Left Forward.
53 - 54	Step Forward Left. Brush Right Forward.
56 - 56	Brush Right Back Across Left. Brush Right Forward.

Section 8	Rock Recover, Back Step. Rock Recover, Back Step
57 - 58	Rock Forward On Right. Rock Back Onto Left.
59 - 60	Rock Back On Right. Rock Forward Onto Left.
61 - 62	Rock Forward On Right. Rock Back Onto Left.
63 - 64	Rock Back On Right. Rock Forward Onto Left.

Choreographers Notes :
There is a slow intro at beginning of track. Start dance when quick music starts or with the lyrics. The dance will finish at step 63, stepping right beside left as music ends. TAG: When facing the back for the fourth time, there is a break in the music. When you get to the knee pops instead of doing 4 quick ones, do 8 quick ones then go back to the beginning of the dance.