Understanding Mambo

2 Wall, 32 counts, Intermediate
Choreographer: Susanne Mose Nielsen DK (Feb. 2005)
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Music: Peace, Understanding And Love by Tamra Rosanes

The Intro *(8 counts intro in the music – Then dance "The Intro" once, and start the dance)*

r Mambo forward - l Mambo back – side rock cross – side, touch.

1&2	Step forward on right, recover weight on left, step right next to left
3&4	Step back on left, recover weight on right, step left next to right
5&6	Step right to right, recover weight to left, cross right over left
7 – 8	Step left to left, touch right next to left

r Chasse – back Rock – l chasse, back Rock, sway r, l

9&10	Step right to right side, step left next to right, step right to right side
11 – 12	Step back on left, recover weight on right
13&14	Step left to left side, step right next to left, step left to left side
15 – 16	Step back on right, recover weight on left
17 – 18	Step right to right and sway right hip to the right, recover weight onto left and sway left hip to the left

The Dance

1. Section: r Mambo forward - l Mambo back – side rock cross – side, touch.

1&2	Step forward on right, recover weight on left, step right next to left
3&4	Step back on left, recover weight on right, step left next to right
5&6	Step right to right, recover weight to left, cross right over left
7 – 8	Step left to left, touch right next to left

2. Section: ¼ r Shuffle – Full turn r – l Mambo forward – r Mambo back

9&10	Step right into ¼ turn right, step left next to right, step right forward (3 o'clock)
11 – 12	(moving forward) Turn ½ turn right stepping back on left, turn ½ turn right stepping forward on right
13&14	Step forward on left, recover weight on right, step left next to right
15&16	Step back on right, recover weight on left, step right next to left

3. Section: Sway l, r– l Sailor step - Unwind ¾ r – l Shuffle forward

17 – 18	Step left to left and sway left hip to the left, recover weight onto right and sway right hip to the right
19&20	Step left behind right, step right to the right, step left slightly diagonal left forward
21 – 22	Touch right behind left, on ball of feet unwind ¾ ends up with weight on right (12 o'clock) *Restart during 4. wall*
23&24	Step left forward, step right next to left, step forward on left

4. Section: r Mambo forward – walk back l, r – l Mambo back – l Pivot Turn

25&26	Step forward on right, recover weight on left, step right next to left
27 – 28	Walk back left, walk back right
29&30	Step back on left, recover weight on right, step left next to right
31 – 32	Step forward on right, pivot ½ turn left (6 o'clock)

TAG: Sway r – Sway l - ***After 2nd wall – after 4th. wall***

Restart: *During 4.th wall in 3. section:*
Sway l, r – l Sailor step – ***Walk ¾ right on right and left***

HAVE FUN !