Bad Habits

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - July 2021

Music: Bad Habits - Ed Sheeran : (Amazon & iTunes)

Intro: 16 counts, start on vocals

S1: WALK, ¼ HITCH, SIDE, TORQUE/LOOK, ¼, ½, BACK, TOUCH/SIT
1-2 Walk forward on left, ¼ left hitching right knee up and raising right hip [9:00]
3-4 Step right to right side, Torque upper body to right looking to right and pointing left toe to left side
5-6 ¼ left stepping slightly forward on left, ½ left stepping back on right [12:00]
7-8 Step back on left, Touch right in front of left sitting back on left bending knees

S2: WALK, ½, BACK, TOUCH, WALK, ½, ½ SHUFFLE
1-2 Walk forward on right, ½ right stepping back on left [6:00]
3-4 Step back on right, Touch left in front of right
5-6 Walk forward on left, ½ left stepping back on right [12:00]
7&8 ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [6:00]

S3: WALK, HOLD & ROCK, RECOVER, BACK, BACK, BACK ROCK
1-2& Walk forward on right, HOLD, Step left next to right
3-4 Rock forward on right, Recover on left
5-6 Walk back on right popping left knee, Walk back on left popping right knee
7-8 Rock back on right popping left knee, Recover on left

S4: ¼ SIDE, HOLD &, SIDE, HOLD &, SIDE ROCK, BEHIND SIDE CROSS
1-2& ¼ hinge turn left stepping right to right side, HOLD, Step left next to right [3:00]
3-4& Step right to right side, HOLD, Step left next to right
Optional styling: shoulder rolls on counts 1-2 and 3-4
(while dropping right shoulder raise left and roll shoulders)
5-6 Rock right to right side, Recover on left
7&8 Cross right behind left, Step left to left side, Cross right over left *Tag & Restart Wall 3

S5: SIDE, TOGETHER, WALK, R SHUFFLE, ROCK, RECOVER, ½ SHUFFLE
1-2-3 Step left to left side, Step right next to left, Walk forward on left
4&5 Step forward on right, Step left next to right, Step forward on right
6-7 Rock forward on left, Recover on right
8&1 ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [9:00]

S6: WALK, WALK, ANCHOR STEP, BACK, ANCHOR STEP
2-3 Walk forward on right, Walk forward on left,
4&5 Lock right behind left, Step weight on left, Step slightly back on right
6 Step back on left
7&8 Cross right over left, Step weight on left, Step slightly forward on right

S7: CROSS, SWEEP, CROSS SWEEP, CROSS, ¼ BACK & CROSS, SIDE
1-2 Cross left over right, Ronde sweep right from back to front
3-4 Cross right over left, Ronde sweep left from back to front
5-6& Cross left over right, ¼ left stepping back on right, Step left next to right [6:00]
7-8 Cross right over left, Step left to left side

S8: BACK/DRAG, BACK/DRAG, BACK/SIT, RECOVER, WALK, STEP LOCK
1-2 Walk back on right dragging left to meet right
3-4 Walk back on left dragging right to meet left
5-6 Sit back on right bending knees, Recover on left
7-8& Walk forward on right, Step forward on left, Lock right behind left

***TAG & RESTART: After 32 counts of Wall 3, dance the 4 count tag:**
SIDE, TOUCH, ¼ SIDE, TOUCH
1-2 Step left to left side, Touch right next to left
3-4 ¼ right stepping right to right side, Touch left next to right [6:00]
Then restart the dance from the beginning facing [6:00]

ENDING: Dance 32 counts of Wall 8, then turn ¼ right ronde hitching left knee across right. Step forward on left

and point right arm and first finger forward on the last word "you" [12:00].

Contact: Gary O'Reilly - oreillygaryone@gmail.com - 00353857819808
https://www.facebook.com/gary.reilly.104 - www.thelifeoreillydance.com
Maggie Gallagher - +44 7950291350
www.facebook.com/maggiegchoreographer - www.maggieg.co.uk
