Bare My Soul

Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Darren Bailey (UK), Fred Whitehouse (IRE), Roy Verdonk (NL) & Daniel Trepat (NL) - July 2022

Music: Hot Mess - Thundermother

Intro: 20 Counts, Start at approx 21 secs

SEC 1: Back Rock, ¼ Side, Behind Hitch, Behind, ¼ Step, Step, ½ Pivot Sweep, Step Sweep, Weave

1-2a	Rock right back, recover weight onto left, turn ¼ left step right to right (9:00)
3-4a	Step left behind right hitching right, step right behind left, turn ¼ left step left forward (6:00)
5-6	Step right forward, pivot ½ left transferring weight onto left sweeping right from back to front (12:00)
7	Step right forward sweeping left from back to front
8&a	Cross left over right, step right to right, step left behind right

SEC 2: Side Rock, Cross, ¼ Step Sweep, Twinkle, Cross ¼ Hitch, Walk Run Run ½ Hitch, Run Run Run

1-2	Rock right to right, recover weight onto left
a3	Cross right over left, turn ¼ left step left forward sweeping right from back to front (9:00)
4&a	Cross right over left, rock left to left, recover weight onto right,
5	Cross left over right turn ¼ left hitching right (6:00)
6a7	Step right forward, step left forward, step right forward turn ½ right hitching left (12:00)
8&a	Step left forward, step right forward, step left forward

SEC 3: Push, Push, Push, Step, Step, ½ Pivot, Push, Push, Push, Twinkle

1	Push right toe to right, recover to center
2	Push right toe to right, recover to center
3	Push right toe to right, recover to center
4&a	Step right forward, step left forward, pivot ½ right transferring weight onto right (6:00)
5	Push left toe to left, recover to center
6	Push left toe to left, recover to center
7	Push left toe to left, recover to center
8&a	Cross left over right, rock right to right, recover weight onto left

SEC 4: ½ Walk Around, Out, Out, Back, Back, Hook, Step, Step, 1½ Rolling Turn

1-2-3	Turn ⅛ left step right forward, turn ¼ left step left forward, turn ⅛ left step right forward (12:00)
4&a	Step left to left, step right to right, step left back

Restart Here on Wall 5

5	Step right back hook left over right
6-7	Step left forward, step right forward
8&a	Turn ½ right step left back, turn ½ right step right forward, turn ½ right step left back (6:00)

Tag: At the end of Wall 2

Back Rock, ½ Back, Back Rock, ½ Back

1-2a	Rock right back, recover weight onto left, turn ½ left step right back
3-4a	Rock left back, recover weight onto right, turn ½ right step left back

Choreographers Note:

Many thanks to Annette R. Dam (DK) for pointing out this amazing music to us!