Breathe

Count: 32 **Wall:** 2 **Level:** Intermediate NC2S

Choreographer: Simon Ward (AUS) - February 2024

Music: Breathe - Faith Hill : (Album: Breathe)

Notes: Dance starts on lyrics approx. 14secs, Restart on Wall 4 after count 24
Ending: Finish on count 4& facing front wall stepping right to right side raising right arm slowly up and down

[1-8] R basic, L Basic, ½ turn L, 1/8 turn L, Run fwd L,R, Rock L fwd, Run back R,L

1-2&	Step right to right side, Rock/step left behind right, Recover weight onto right 12.00
3-4&	Step left to left side, Rock/step right behind left, Recover eight onto left 12.00
5-6&	Step right to right side making a ½ turn left lifting left foot off the ground, Make a further 1/8 turn left & step left forward, Step right forward 4.30
7-8&	Rock/lunge left forward (extend right arm forward for styling), Step right back, Step left back 4.30

[9-16] R back & L sweep, L behind R, R side, Cross/rock L, Recover R, ¾ turn L sweeping L, L behind R, R side, L rocking chair

1-2&	Step right back sweeping left back, Step left behind right, make a 1/8 turn right & step right to right side 6.00
3-4&	Cross/rock left over right, Recover weight back onto right, Step left forward turning ¼ turn left 3.00
5-6&	Step right beside left turning ½ turn left sweeping left back, Step left behind right, Step right to right side 9.00
7&8&	Cross/rock left over right, Recover weight back onto right, Rock/step left to left side, Recover weight onto right

(Treat this section more like a push, no bouncing in the rock/steps) 9.00

[17-24] L behind R & sweep, R behind L, 1/8 L, R fwd turning ½ L, Fwd L,R, L fwd turning ½ R, Full turn R, R fwd & sweep, L fwd & hitch R

1-2&	Step left behind right sweeping right back, Step right behind left, Step left forward turning 1/8 turn left 7.30
3	Step right forward & turn a ½ turn left slowly keeping weight onto right 1.30
4&	Step left forward, Step right forward 1.30
5	Step left forward & turn a ½ turn right slowly keeping weight onto left 7.30
6&	Step right forward, ½ turn right stepping left back (traveling slightly forward) 7.30
7-8	½ turn right stepping right forward & sweep left forward, Step left forward & hitch right knee forward whilst lifting up on ball of left foot 7.30

****RESTART on WALL 4** – Hitch right knee on count 24 turning to front wall to start again.**

[25-32] R back sweep L, L behind R, 3/8 turn R, L fwd turning ½ R, Fwd R,L, R fwd coaster step, L back & sweep, Rock/recover

1-2&	Step right back sweeping left back, Step left behind right, Step right forward turning 3/8 turn right 12.00
3-4&	Step left forward turning a ½ turn right slowly keeping weight onto left, Step right forward, Step left forward 6.00
5&6	Step right forward, Step left beside right, Step right back sweeping left back 6.00
7-8&	Step left back sweeping right back, Rock/step right behind left, Cross/step left over right 6.00

RESTART

Original step sheet available on "Simon Ward Linedance" Facebook Page