Crowded Mind

Choreograhers:

Shane McKeever - Smckeever07@hotmail.com
Niels Poulsen – nielsbp@gmail.com

October 2022



Type:	48 counts, 2 walls, waltz
Level:	Improver
Music:	***Crowd my mind***, by Brett Eldredge. 3.08 mins. 108 BPM. Download track from iTunes. PLEASE NOTE there's a version of the song with a SPOKEN COUNT-IN which makes the start to the music much much easier! *Contact Niels for this version* 😄
Intro:	Start on the very first beat. *Start with weight on R foot*
Restart:	On wall 3, after 24 counts, facing 1:30 😊

Counts	Footwork	You face
1 – 6	**L twinkle 3/8 L, fwd R, sweep L fwd**	
1 – 3	Step L towards R diagonal (1), step R towards R diagonal (2), turn 3/8 L stepping down on L (3)	9:00
4 – 6	Cross R slightly over L (4), start sweeping L fwd (5), sweep L slightly over R (6)	9:00
7 – 12	**L weave, R step slide**	
1 – 3	Cross L over R (1), step R to R side (2), cross L behind R (3)	9:00
4 – 6	Step R a big step to R side (4), start sliding L towards R (5), touch L next to R (6)	9:00
13 – 18	**Roll 1 1/8 turn L, fwd R, slow L kick fwd**	
1 – 3	Turn ¼ L stepping L fwd (1), turn ½ L stepping R back (2), turn 3/8 L stepping L to L side (3)	7:30
4 – 6	Step R fwd (4), hitch L knee (5), kick L fwd (6)	7:30
19 – 24	**Run back LRL, point R back, unwind ½ R**	
1 – 3	Step back L (1), step back R (2), step back L (3)	7:30
4 – 6	Point R back (4), start turning ½ R on L (5), finish turn changing your weight to R foot (6) … * *Restart here on wall 3, facing 1:30*	1:30
25 – 30	**Diamond with ½ L**	
1 – 3	Step L fwd (1), turn 1/8 L stepping R to R side (2), turn 1/8 L stepping L back (3)	10:30
4 – 6	Step R back (4), turn 1/8 L stepping L to L side (5), turn 1/8 L stepping R fwd (6)	7:30
31 – 36	**1/8 L fwd L, point R, hold, back R, sweep L over 2 counts**	
1 – 3	Turn 1/8 L stepping L fwd (1), point R to R side (2), HOLD (3)	6:00
4 – 6	Step R back (4), start sweeping L to L side (5), sweep L behind R (6)	6:00
37 – 42	**L sailor step, behind side cross**	
1 – 3	Cross L behind R (1), rock R to R side (2), recover on L (3)	6:00
4 – 6	Cross R behind L (4), step L to L side (5), cross R over L (6)	6:00
43 – 48	**L balance step, 1/8 R into R step slide**	
1 – 3	Step L to L side (1), rock R back (2), recover fwd onto L again (3)	6:00
4 – 6	Step R a big step to R side opening up 1/8 R in body (4), slide L towards R (5), touch L next to R (6)	7:30
	Begin again ☺ ☺ ☺	
Ending	Wall 8 which starts facing 12:00 is your last wall. Do the first 9 counts, now facing 9:00, then turn ¼ R stepping R fwd sweeping L fwd to face 12:00 again … 😊	12:00