Knees Are Trembling

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Ria Vos (NL) - February 2023

Music: Knees Are Trembling (feat. Joakim Wilow) - Faustix

Intro: 16 Counts

Walk-Walk, Shuffle, Rock Fwd, Walk Back-Back
1-2 Walk Fwd R, Walk Fwd L
3&4 Shuffle Fwd Stepping R-L-R
5-6 Rock Fwd on L, Recover on R
7-8 Walk Back L-R (roll shoulder Backwards L-R)

Back, ¼ L Point, ¼ R Fwd, ¼ R Point, Cross, Point, ¼ R Fwd, Point Side
1-2 Step Back on L (with a little dip), (Come up) Point R to R Side Turning ¼ L (9:00)
3-4 ¼ R Step Fwd on R, ¼ R Point L to L Side (3:00)
5-6 Cross L Over R, Point R to R Side
7-8 ¼ R Step Fwd on R, Point L to L Side (6:00)

Cross Rock, Chasse ¼ L, Step Pivot ¼ L x2
1-2 Cross Rock L Over R, Recover on R
3&4 Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (3:00)
5-6 Step Fwd on R, Pivot ¼ Turn L (roll hips) (12:00)
7-8 Step Fwd on R, Pivot ¼ Turn L (roll hips) (9:00)

Cross, Point, Cross, Point, Jazz Box
1-2 Cross R over L, Point L to L Side
3-4 Cross L Over R, Point R to R Side
(option Samba Step 3&4: Cross L Over R, Step R to R Side, Step L to L Side)
5-6 Cross R Over L, Step Back on L
7-8 Step R to R Side, Step Fwd on L

Tag: After wall 5 (9:00)
Rocking Chair
1-2 Rock Fwd on R, Recover on L
3-4 Rock Back on R, Recover on L