Long Distance Love

Count: 64 **Wall:** 4 **Level:** Intermediate
Choreographer: Dee Musk (UK) Feb 2013
Music: 'Long Distance' by Melanie Amaro. [Single – iTunes]

Huge Thanks for the music from my friends Mike & Brenda.

32 Count Intro – Approx 16 seconds - Track approx 3 mins 50 secs BPM 120

Side Touch, Kick Ball Cross, Side Behind, Kick Ball Cross.
1,2 Step R to R side, touch L beside R.
3&4 Kick L to L diagonal, step L beside R, cross R over L.
5,6 Step L to L side, cross step R behind L.
7&8 Kick L to L diagonal, step L beside R, cross R over L. (12 o'clock).

Side Rock, Cross ¼ Turn L, Chasse ¼ Turn L, Cross Rock.
1,2 Rock L to L side, recover weight to R.
3,4 Cross L over R, make a ¼ turn L stepping back on R.
5&6 Make a ¼ turn L stepping L to L side, close R beside L, step L to L side.
7,8 Cross rock R over L, recover weight to L. (6 o'clock).

Side Rock, Sailor Heel, Ball Cross Hold, Side Behind ¼ Turn R.
1,2 Rock R to R side, recover weight to L.
3&4 Cross R behind L, step L to L side, touch R heel to R diagonal.
&5,6 Step R beside L, cross L over R, hold count 6.
&7,8 Step R to R side, cross L behind R, make a ¼ turn R stepping forward on R. (9 o'clock).

Step ½ Turn R, Step Reverse ½ Turn L, ¼ Turn L, Hold, Ball Side Touch.
1,2 Step forward on L, make a ½ turn R.
3,4 Step forward on L, make a reverse ½ turn L stepping back on R.
5,6 Make a ¼ turn L stepping L to L side, hold count 6.
&7,8 Step R beside L, step L to L side, touch R beside L. (6 o'clock).

¼ Turn R, Touch, Full Walkaround Turn L, Behind Side Cross.
1,2 Make a ¼ turn R stepping forward on R, touch L beside R.
3-6 Walk around a full turn L stepping L, R, L, step R to R side.
7&8 Cross step L behind R, step R to R side, cross L over R. (9 o'clock).

Side Rock, Behind ¼ Turn Step, Rock Recover, Step Back, Reverse ½ Turn R.
1,2 Rock R to R side, recover weight to L.
3&4 Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R.
5,6 Rock forward on L, recover weight to R.
7,8 Step back on L, make a reverse ½ turn R stepping forward on R. (12 o'clock).

Step ¼ Turn R, Cross Shuffle, Side Rock, Sailor Step.
1,2 Step forward on L, make a ¼ turn R.
3&4 Cross step L over R, step R to R side, cross step L over R.
5,6 Rock R to R side, recover weight to L.
7&8 Cross step R behind L, step L to L side, step R to R side. (3 o'clock).

Behind ¼ Turn R, Step ¾ Turn R, Chasse L, Back Rock.

1,2	Cross step L behind R, make a ¼ turn R stepping forward on R.
3,4	Step forward on L, make a ¾ turn R.
5&6	Step L to L side, close R beside L, step L to L side.
7,8	Rock back on R, recover weight to L. (3 o'clock).

Tag End of wall 5 facing 3 o'clock wall dance the following then begin again.
R Side Touch, L Side Touch.

1-4	Step R to R side, touch L beside R, step L to L side, touch R beside L.

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