# Love Bites Back

**Count:** 32 **Wall:** 4 **Level:** Intermediate

**Choreographer:** Simon Ward (AUS) & Niels Poulsen (DK) - August 2026

**Music:** Love Bites Back - Lusaint : (iTunes)

**Intro: 8 counts from first beat in music. App. 5 secs. into track. Start with weight on L**
**2 easy restarts: On walls 5 and 11, after 16 counts, facing 9:00 each time**

**[1 – 8] R step slide, ball cross, side L, 1/8 R back R, tap L, fwd L, 3/8 L back on R**
1 – 2 Step R a big step to R side opening body up to L diagonal dragging L heel towards R (1-2)
Styling: push R hand to L side in front of chest 12:00
&3 – 4 Step L next to R (&), cross R over L (3), step L to L side (4) 12:00
5 – 6 Turn 1/8 R stepping back on R (5), tap L toes in front of R (6) 1:30
7 – 8 Step L fwd (7), turn 3/8 L stepping back on R (8) 9:00

**[9 – 16] ¼ L side step, HOLD, ball side L, R jazz box ¼ R, L step lock step**
1 – 2 Turn ¼ L stepping L to L side (1), HOLD (2) 6:00
&3 Step R next to L (&), step L to L side (3) 6:00
4 - 5 - 6 Cross R over L (4), turn 1/8 R stepping back on L (5), turn 1/8 R stepping R to R side (6) 9:00
7&8 Step L fwd (7), lock R behind L (&), step L fwd (8) … * Restart here, on walls 5 and 11 9:00

**[17 – 24] Fwd R, tap L behind, down L, ½ R, fwd L, tap R behind, down R, ½ L**
1 – 4 Step R fwd (1), tap L behind R (2), step back on L (3), turn ½ R stepping fwd on R (4) 3:00
5 – 8 Step L fwd (5), tap R behind L (6), step back on R (7), turn ½ L stepping fwd on L (8) 9:00

**[25 – 32] Slow sweep ½ L, diagonal L back rock, L side rock, L cross shuffle**
1 – 2 Turn ½ L stepping back on R sweeping L from front to back over 2 counts (1-2) 3:00
3 – 4 Rock L back towards R diagonal (3), recover on R (4) 3:00
5 – 6 Rock L to L side (5), recover on R (6) 3:00
7&8 Cross L over R (7), step R to R side (&), cross L over R (8) 3:00

**START AGAIN**

**Ending Finish wall 13, facing 3:00. Turn ¼ L stepping back on R hitting 'Back' in the lyrics. You're now facing 12.00 again … 12:00**