Proud Mary Burnin'

Count: 124
Wall: 1
Level: Intermediate / Advanced Pop/Rock
Choreographer: Sobrielo Philip Gene (July '11)
Music: Proud Mary By Glee Cast. Album: Glee Season 2

Intro: 16 counts - Sequence: Wall 1(80 counts), Tag, Walls 2, 3, 4, Ending

WALL 1: Music is slow - do the dance until count 80 (Arm Rolls). This will bring you to the back wall (6.00)

TAG: Cross right over left(1), unwind ½ turn left(2-4)(12.00). Bounce right heel for 8 counts, bounce left heel for 8 counts, bounce right heel for 8 counts, bounce left heel for 8 counts. Start dance again.

[1-8] SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES
1&2 Step right to right(1),step left beside right(&), step right to right(2)
3-4 Rock left behind right(3), recover weight to right(4)
5&6 Kick left forward(5), step left beside right(&) cross right over left(6)
7&8 Kick left forward(7), step left beside right(&), cross right over left(8)

[9-16] SIDE SHUFFLE, ROCK BACK RECOVER, KICK BALL CROSSES
1&2 Step left to left (1), step right beside left(&), step left to left(2)
3-4 Rock right back (3), recover weight onto left(4)
5&6 Kick right forward(5), step right beside left(&), cross left over right(6)
7&8 Kick right forward(7), step right beside left(&), cross left over right(8)

[17-24] MONTEREY ½ TURN, POINT STEP, MONTEREY ½ TURN, POINT STEP
1-2 Point right to right(1), making ½ turn right step right beside left(2) (6.00)
3-4 Point left to left(3), step left beside right(4)
5-6 Point right to right(5), making ½ turn right step right beside left(6) (12.00)
7-8 Point left to left(7), step left beside right(8)

[25-32] ROCK RECOVER WALKS, ROCK RECOVER WALKS
1-2 Rock forward right(1), recover weight onto left(2)
3-4 Making ½ turn right step right forward(3), step left forward(4) (6.00)
5-6 Rock forward right(5), recover weight onto left(6)
7-8 Making ½ turn right step right forward(7), step left forward(8) (12.00)

"Big Wheels keep on turning"
[33-40] VINE RIGHT TOUCH, ROLLING VINE ¼ TURN LEFT TOUCH
1-2 Step right to right(1), step left behind of right(2)
3-4 Step right to right(3), touch left beside right(4)
5-6 Making ¼ left step left forward(5), making ½ turn left step right back(6)
7-8 Making ½ left step left forward(7), touch right beside left (8) (9.00)

[41-48] VINE RIGHT TOUCH, ROLLING VINE ¼ TURN LEFT TOUCH
1-2 Step right to right(1), step left behind of right(2)
3-4 Step right to right(3), touch left beside right(4)
5-6 Making ¼ left step left forward(5), making ½ turn left step right back(6)
7-8 Making ½ left step left forward(7), touch right beside left (8) (6.00)

"Rolling, rolling, rolling on the river"
[49-56] ARM ROLLS (2 x)
1-2 Roll arms above head (1,2)
3-4 Roll arms at hip level, leaning slightly forward(3,4)
5-6 Roll arms above head(5,6)
7-8 Roll arms at hip level, leaning slightly forward(7,8)

[57-64] ARM ROLL, PIVOT ¼ TURN LEFT, PIVOT ¼ TURN LEFT
1-2 Roll arms above head (1,2)
3-4 Roll arms at hip level, leaning slightly forward(3,4)
5-6 Step right forward(5), pivot ¼ turn left(6) (12.00)
7-8 Step right forward(7), pivot ¼ turn left(8)

[65-80] Repeat counts 49-64 to end up facing the back wall (6.00)

Instrumental
[81-92] SMALL WALKS FORWARD KICK, WALK BACK TOUCH
1-7 walk forward R,L,R,L,R,L,R
8 Kick left forward
Hands option: slowly bring hands up into a Y shape on respective sides (palms facing front), hands come down on 8
1-4 Walk back L,R,L(1-3), touch right beside left(4)
*Note the 4 counts (not 8)

[93-100] SMALL JUMPS FORWARD, BACK, ¼ TURN SMALL JUMPS FORWARD, BACK
&1-2 Step right slightly forward to right(&), step left slightly forward to left(1), Hold(2)
&3-4 Step right slightly back(&), step left beside right(3), Hold(4)
&5-6 Making ¼ left step right slightly forward to right(&), step left slightly forward to left(5), Hold(6) (3.00)
&7-8 Step right slightly back(&), step left beside right(7), Hold(8)

[101-108] ¼ TURN SMALL JUMPS FORWARD, BACK, TWISTS
&1-2 Making ¼ left step right slightly forward to right(&), step left slightly forward to left(1), Hold(2) (12.00)
&3-4 Step right slightly back(&), step left beside right(3), Hold(4)
5-8 Twist heels to right(5), twist heels to left (6), twist heels to right(7), twist heels back to centre(8)

[109-116] DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH
1-3 Walk forward diagonally right stepping R,L,R(1-3) (1.30)
4 Kick left forward(4)
5-7 Walk back diagonally left stepping L,R,L (5-7), square up to 12.00 on count 7 (12.00)
8 Touch right beside left(8)

[117-124] DIAGONAL WALKS FORWARD KICK, DIAGONAL WALKS WALK TOUCH
1-3 Walk forward diagonally left stepping R,L,R(1-3) (10.30)
4 Kick left forward(4)
5-7 Walk back diagonally right stepping L,R,L (5-7), square up to 12.00 on count 7 (12.00)
8 Touch right beside left(8)

ENDING: After wall 4, do counts 49-80 (Arm Rolls -32 counts), followed by counts 93-108 (Jumps – 16 counts). Then cross right over left slowly unwind ½ turn left to face the front wall….