You Are The Reason Baby

Count: 16 **Wall:** 2 **Level:** Beginner

Choreographer: Alison Johnstone (Nuline) March 2018

Music: You Are The Reason (Duet Version) – Calum Scott & Leona Lewis - iTunes

Start: On the lyric HEART (4 counts in) NO TAGS OR RESTARTS

(1-4) WALK, WALK, WALK, (WALKS HAVE SWEEPS), MAMBO,
1, 2, 3 Walk fwd Lft sweep Rt fwd, Walk fwd Rt Sweep Lft fwd, Walk fwd Lft sweep Rt
4&a Rock fwd on Rt, Recover on Lft (&), Step back on Rt (A)

(5-8) BACK, BACK, BACK, (BACK WALKS HAVE SWEEPS), BEHIND, ¼ LEFT, STEP (9.00)
5, 6, 7 Step back on Lft sweep Rt back, Step back on Rt sweep Lft back, Step back on Lft sweep Rt back
8&a Step Rt behind Lft, ¼ Turn over Lft stepping fwd on Lft (&), Step fwd on Rt (9.00)

(9-12) LUNGE, RECOVER, STEP LEFT TOGETHER, BACK, COASTER
1, 2 Lunge fwd on Lft reaching Rt arm fwd, Recover on Rt
a3 Step Left beside Rt (A), Step back on Rt
4&a Step back on Lft, Step Rt together (&), Step fwd on Lft (A)

(13-16) PIVOT ¼ LEFT, TOGETHER, SIDE, COASTER
5, 6 Step fwd on Rt, Pivot ¼ over Lft transferring weight to Lft
a7 Step Rt beside Lft (A), Step Lft to side
8&a Step back on Rt, Step Lft together (&), Step fwd on Rt (A)

Ending: Dance ends at coaster step (4&a), you will be facing 9.00 - Simply turn that last 'a' count to the front

NOTE: This is a great way to get your beginners used to a rolling count dance. I am often asked what the &a refers too and I find this the easiest description. You will hear a Viennese waltz beat 1,2,3 4,5,6. Rolling count works with those same beats however replace with 1&a, 2&a.

Thank you Jan for the music and PLEASE NOTE this dance can also be used with the Calum Scott version as a split floor to any harder dance using that version.

THIS DANCE HAS VERY EASY STEPS AND NO TAGS OR RESTARTS SO RELAX AND ENJOY

Contact: alison@nulinedance.com

Last site update – 23rd March 2018