And Get It On

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Daniel Trepat (NL) & Jose Miquel Belloque Vane (NL) March. 2015
Music: Marvin Gaye by Charlie Puth ft. Meghan Trainor

Intro: 32 counts from first beat in music (app. 25 sec. into track)

[1 – 8]Side, Together, 1/8 turn R step fwd, Cha Cha R fwd, Syncopated half diamond

1 – 3	Step L to L side (1), Step R next to L (2), 1/8 turn R stepping L forward1:30
4&5	Step R forward (4), Lock L behind R (&), Step R forward (5)1:30
6&7	Step L forward (6), 1/8 turn L stepping R to R side (&), 1/8 turn L stepping L back (7)10:30
8&1	Step R back (8), 1/8 turn L stepping L to L side (&), 1/8 turn L stepping R forward (1)7:30

[9 – 16]Step fwd, ½ turn L, Cha Cha back, Rockstep, Cha Cha fwd

2 – 3	Step L forward (2), ½ turn L stepping R back (3)1:30
4&5	Step L back (4), Lock R in front of L (&), Step L back (5)1:30
6 – 7	Rock R back (6), Recover on L (7)1:30
8&1	Step R forward (8), Lock L behind R (&), Step R forward (1)1:30

[17 – 24]Hold, Extended cha fwd, Ball lock, unwind 7/8 turn R, Side, Touch, Hold

2&3&4	Hold (2), Lock L behind R (&), Step R forward (3), Lock L behind R (&), Step R forward (4)1:30
&5 – 6	Step L forward (&), Lock R behind L (5), Unwind 7/8 turn R (weight ends on L) (6)12:00
&7 – 8	Step R to R side (&), Touch L to L side (7), Hold (8)12:00

[25 – 32]¼ turn L, Flick, Step fwd, Spiral Turn L, Step fwd, ¼ turn L, Side, 1/8 turn L, Together, Hold, 3x heel bounces and 1/8 turn L

1 – 2	¼ turn L stepping L forward & flicking R back (1), Step R forward (2)9:00
3	Full turn Spiral turn L (weight ends on R) (3)9:00
4&5	Step L forward (4), ¼ turn L step R to R side (&), 1/8 turn L stepping L next to R (5)4:30
6 – 7&8	Hold (6), Bounce both heels (7), Bounce both heels (&), Bounce both heels (8)

On 7&8 while doing the heel bounces turn a 1/8 turn L3:00

Happy Face & Begin Again!

Submitted By - Mandy Herkenraad - mandyherkenraad@gmail.com