STEPPIN'OFF THE Page



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Approved by:

Cecilia

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	**Walk, Walk, Side Mambo Step, Walk, Walk, Side Mambo Touch**		
1 – 2	Walk forward left. Walk forward right.	Left Right	Forward
3 & 4	Rock left out to left side. Rock back onto right. Step left slightly forward.	Mambo Step	On the spot
5 – 6	Walk forward right. Walk forward left.	Right Left	Forward
7 & 8	Rock right out to right side. Rock back onto left. Touch right beside left.	Mambo Touch	On the spot
Section 2	**Hip Bumps Right/Left Right, Hip Bumps Left/Right/Left, Sailor 1/4, Kick Ball Step**		
1 &	Step right back bumping hips back right. Bump hips forward left.	Bump &	Back
2	Bump hips back right (weight onto right).	Bump	
3 &	Step left back bumping hips back left. Bump hips forward right.	Bump &	
4	Bump hips back left (weight onto left).	Bump	
5 & 6	Cross right behind left. Turn 1/4 right stepping left to side. Step right to right side.	Sailor Turn	Turning right
7 & 8	Kick left diagonally left. Step onto ball of left. Step right to right side. (3:00)	Kick Ball Step	On the spot
Restart	**Walls 4 and 8:** Start the dance again (both facing front wall).		
Section 3	**Behind Side Cross, Tap Out/In/Out, Sailor 1/4 Turn, Step Pivot 1/2 Step**		
1 & 2	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	Right
3 & 4	Tap right out to right side. Tap right beside left. Tap right out to right side.	Out In Out	On the spot
5 & 6	Cross right behind left. Turn 1/4 right stepping left to side. Step right to right side.	Sailor Turn	Turning right
7 & 8	Step left forward. Pivot 1/2 turn right. Step left forward. (12:00)	Step Pivot Step	
Section 4	**Bump & Step x 2, Cross Rock, Side Rock, Jazz Box 1/4 Turn**		
1 & 2	Bump right to right side. Recover onto left. Step right slightly forward.	Bump & Step	Forward
3 & 4	Bump left to left side. Recover onto right. Step left slightly forward.	Bump & Step	
5 & 6 &	Cross rock right over left. Recover onto left. Rock right to side. Recover onto left.	Cross Rock Side Rock	On the spot
7 & 8	Cross right over left. Turn 1/4 right stepping left back. Step right forward. (3:00)	Jazz Box Turn	Turning right
Ending	**After Count 12 (facing 6:00):** Change the sailor 1/4 turn into sailor 1/2 turn, then finish with the kick ball step.		

Choreographed by: Willie Brown and Heather Barton (UK) October 2014

Choreographed to: 'Oh Cecilia (breaking my heart)' by The Vamps ft Shawn Mendes) from CD Single; download available from amazon or iTunes (16 count intro)

Restarts: Two Restarts, both after count 16, during Walls 4 and 8

Choreographer's note: (Heather): Thanks Willie for asking me to do this with you

Watch & Learn

A video clip of this dance is available at www.linedancermagazine.com