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Doctor's Orders

64 Count, 4 Wall, Improver
Choreographer: Maggie Gallagher (UK) August 2008
Choreographed to: Doctor's Orders by
Jane McDonald, Album: Jane

Intro : 32 counts – (13 sec) Start on vocals (Total Duration 2m 44s)

S1: RIGHT LOCK STEP, LEFT LOCK STEP, STEP, 1/2 PIVOT LEFT
1,2 Step forward on right, Lock left behind right
3,4 Step forward on right, Step forward on left
5,6 Lock right behind left, Step forward on left
7,8 Step forward on right, 1/2 pivot turn left (6.00)

S2: SIDE, TOGETHER, FORWARD, HOLD, FULL TURN RIGHT, WALK, SCUFF RIGHT
1,2 Step to right side, Step left next to right
3,4 Step forward on right, HOLD
5,6 1/2 turn right stepping back on left, 1/2 turn right stepping forward on left (6.00)
7,8 Walk forward on left, Make little scuff forward on right
Option: (5-7) Left lock step forward

S3: ROCK FORWARDS AND SIDE, WEAVE LEFT, 1/4 RIGHT
1,2 Rock forward on right, Recover back onto left
3,4 Rock to right side, Recover onto left side
5,6 Cross right behind left, Step to left side
7,8 Cross right over left, 1/4 turn right stepping back on left (9.00)

S4: RIGHT COASTER, LEFT SCUFF, LEFT LOCK STEP, RIGHT TOUCH
1,2 Step back on right, Step left next to right
3,4 Step forward on right, Scuff left foot forward
5,6 Step forward on left, Lock right behind left
7,8 Step forward on left, Touch right next to left (9.00)

S5: SIDE-TOUCH x2, ROLLING VINE TO RIGHT SIDE
1,2 Step to right side, Touch left next to right
3,4 Step left to left side, Touch right next to left
5,6 1/4 turn to right stepping forward on right, 1/2 turn right stepping back on left
7,8 1/4 turn right stepping right to right side, Touch left next to right (9.00)
Option: (5-8) Moving right – (Side, Together, Side, Touch)

S6: SIDE-TOUCH x2, ROLLING VINE TO LEFT SIDE
1,2 Step to left side, Touch right next to left
3,4 Step to right side, Touch left next to right
5,6 1/4 turn left stepping forward on left, 1/2 turn left stepping back on right
7,8 1/4 turn left stepping left to left side, Touch right next to left (9.00)
Option: (5-8) Moving left – (Side, Together, Side, Touch)

S7: WEAVE RIGHT, RIGHT SIDE TOE STRUT, LEFT CROSS TOE STRUT
1,2 Step to right side, Cross left behind right
3,4 Step to right side, Cross left over right
5,6 Step right toes to right side, Step right heel in place
7,8 Cross left toes over right, Step left heel in place

S8: BACK, SIDE, CROSS, HOLD, REVERSE ROLLING VINE
1,2 Step back on right, Step to left side
3,4 Cross right over left, HOLD
5,6 1/4 turn right stepping back on left, 1/2 turn right stepping forward on right
7,8 1/4 turn right stepping left to left side, Touch right next to left (9.00)
Option: (5-8) Moving left – (Side Chasse, Touch)

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