Linedancer

Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Get Your Feet Down

Phrased, 2 wall, advanced level
Choreographer: Michelle Chandonnet (Can)
June 2007
Choreographed to: 1,2,3 by Ann Tayler (182 bpm)
CD: Home To Louisiana

Sequence: ABCD, ABCD, AD, BCD, CD, Ending

SECTION A
HEEL, HOOK, HEEL, TOUCH, RIGHT GRAPEVINE, TOUCH
1-4 Touch right heel forward, hook right over left, touch right heel forward, touch right together
5-8 Step right to side, cross left behind right, step right to side, touch left together

HEEL, HOOK HEEL, TOUCH, LEFT GRAPEVINE, SCUFF
1-4 Touch left heel forward, hook left over right, touch left heel forward, touch left together
5-8 Step left to side, cross right behind left, step left to side, scuff right forward

ROCK & CHAIR, DIAGONAL STEP, TOUCH, DIAGONAL STEP, TOUCH
1-2 Rock right forward, recover on left
3-4 Rock right back, recover on left
5-8 Step right diagonally forward, touch left together
5-8 Step left diagonally forward, touch right together

KICK, BACK CROSS (4 X)
1-2 Kick right diagonally forward, cross right behind left
3-4 Kick left diagonally forward, cross left behind right
5-8 Repeat 1-4

SECTION B
SIDE, SLIDE TOGETHER, CROSS, CLAP, SIDE, SLIDE TOGETHER, CROSS, CLAP
1-4 Step right to side, slide left together, cross right over left, clap
5-8 Step left to side, slide right together, cross left over right, clap

BACK, LOCK, BACK, KICK, BACK, LOCK, BACK, KICK
1-4 Step right back, lock left in front of right, step right back, kick left forward
5-8 Step left back, lock right in front of left, step left back, kick right forward

STEP, PIVOT ¼ TURN, STEP, TURN ¼ TURN, WALK, WALK, DOUBLE KICK
1-4 Step right forward, turn ¼ left (weight to left), step right forward, turn ¼ left (weight to left)
5-6 Step right forward, step left forward
7-8 Kick right forward, kick right forward

BACK, TOGETHER, STEP, TOGETHER, TWIST, TWIST, TWIST, TWIST
1-4 Step right back, step left together, step right forward, step left together
5-6 Swivel both heels to right, swivel both heels to center,
7-8 Swivel both heels to left, swivel both heels to center

MONTEREY TURN
1-2 Touch right to side, turn ½ right and step right together
3-4 Touch left to side, step left together

SECTION C
STOMPS, CLAPS (4 X)
1-4 Stomp right forward, clap, stomp left forward, clap,
5-8 Stomp right forward, clap, stomp left forward, clap
Singing "1, 2, 3, 4" on stomps

BACK TOE STRUTS
1-4 Touch right toe back, drop right heel, touch left toe back, drop left heel
5-8 Touch right toe back, drop right heel, touch left toe back, drop left heel

STEP FORWARD, CLAP, STEP ½ TURN, CLAP, STEP ½ TURN, CLAP, STEP FORWARD, CLAP
1-4 Rock right forward, clap, recover to left, clap
5-8 Turn ½ right and step right forward, clap, turn ½ right and step left forward, clap
Singing "1, 2, 3, 4" on steps

CROSS TOE STRUTS
1-4 Cross right toe over left, drop right heel, touch left toe to side, drop left heel
5-8 Cross right toe over left, drop right heel, touch left toe to side, drop left heel

SECTION D
STEPS, PIVOTS MAKING ¾ TURN LEFT STEP AND PIVOT ¾ TURN TO LEFT ON 8 COUNTS
1-8 Step right forward, turn 1/8 left (weight to left)
3-4 Step right forward, turn 1/8 left (weight to left)
5-6 Step right forward, turn ¼ left (weight to left)
7-8 Step right forward, turn ¼ left (weight to left)

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF
1-4 Step right forward, lock left behind right, step right forward, scuff left forward
5-8 Step left forward, lock right behind left, step left forward, scuff right forward

TOE INSTEP, SCUFF, STEP, TOE INSTEP, SCUFF (2X)
1-2 Touch right toe together, scuff right forward
&3-4 Step right together, touch left toe together, scuff left forward
&5-6 Step left together, touch right toe together, scuff right forward
&7-8 Step right together, touch left toe together, scuff left forward

LEFT GRAPEVINE, RIGHT GRAPEVINE ¼ TURN
1-4 Step left to side, cross right behind left, step left to side, scuff right forward
5-8 Step right to side, cross left behind right, turn ¼ right and step right forward, step left together

ENDING (REPEAT OF 16 COUNTS OF PART D)
TOE INSTEP, SCUFF, STEP, TOE INSTEP, SCUFF (2X)
1-2 Touch right toe together, scuff right forward
&3-4 Step right together, touch left toe together, scuff left forward
&5-6 Step left together, touch right toe together, scuff right forward
&7-8 Step right together, touch left toe together, scuff left forward

LEFT GRAPEVINE, RIGHT GRAPEVINE ¼ TURN
1-4 Step left to side, cross right behind left, step left to side, scuff right forward
5-8 Step right to side, cross left behind right, turn ¼ right and step right forward, step left together

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