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Sister Kate

32 Count, 4 Wall, Intermediate
Choreographer: Ria Vos (NL) May 2009
Choreographed to: Sister Kate by The Ditty Bops

Intro: 8 counts from first beat

Toe Struts R & L, Kick-Ball-Step, Pivot ½ Turn R, ¼ Turn R Step Side, Point Back, Kick-Ball-Cross

1&2&	R Toe Strut Fwd, L Toe Strut Fwd (Shimmy Shoulders)
3&4	R Kick Fwd, Step on Ball of R Next to L, Step Fwd on L
5	Pivot ½ Turn Right
6-7	Turn ¼ Right Step L Long Step to Left Side, Point R Behind L (Option: Throw Arms Left)
8&1	R Kick to Right Diagonal, Step on Ball of R Next to L, Cross L over R

Heel Jack with Heel Grind, Rock Back, Rec., Touch, Knee Split, Kick-Out-Out

&2	Step R Slightly to Right Side, Touch L Heel to Left Diagonal
&3&	Step L next to R, Heel Grind R Over L, Step L to Left Side
4-5	Rock Back on R (Sticking Bum Out), Recover on L
&6&	Touch R Next to L, Split Knees Apart, Bring Knees Together
7&8	Kick R Fwd, Step R Out to Right Side, Step L Out to Left Side (Feet Shoulder Width Apart)

Swivels, Toe Struts Backwards, Coaster Step, Triple Full Turn Right

1&	Weight on L Toe and R Heel Twist Both Feet So Toes are Pointing Right, Recover to Centre
2&	Weight on R Toe and L heel Twist Both Feet So Toes are Pointing Left, Recover to Centre
3&4&	R Toe Strut Backwards (Option: Click Fingers R), L Toe Strut Backwards (Option: Click Fingers L)
5&6	Step Back on R, Step L Next to R, Step Fwd on R
7&8	Turn ½ Right Step Back on L, Turn ½ Right Step Fwd on R, Step Fwd on L

Pivot ¼ Turn Left x2, Charleston Step

1-2	Step Fwd on R, Pivot ¼ Turn L
3-4	Step Fwd on R, Pivot ¼ Turn L
5-6	Touch R Toe Fwd, Step Back on R
7-8	Touch L Toe Backwards, Step Fwd on L

Tag: After wall 1 (9:00), 3 (3:00) and 6 (6:00)
1-4 Repeat Last 4 Counts (Charleston Step)
(Tags occur after every vocal part)

Ending: You will end on Count 16 (Kick-Out-Out)
Turn ¼ Left after the Kick, so the Out-Out Steps will be facing front (12:00)

Note: Although the music has a Two-step Rhythm, I have chosen to write the steps in half-time.