STEPPIN'OFF THE Page



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Approved by:

Yvonne Anderson

This Is Me

4 WALL – 64 COUNTS – IMPROVER

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	**Side, Touch, Side, Touch, Side, Together, Side, Touch**		
1 – 2	Step right to right side. Touch left toe beside right.	Right Touch	Right
3 – 4	Step left to left side. Touch right toe beside left.	Left Touch	Left
5 – 6	Step right to right side. Close left beside right.	Side Together	Right
7 – 8	Step right to right side. Touch left toe beside right.	Side Touch	
Section 2	**Side, Touch, Side, Touch, Side, Together, 1/4 Turn, Hold**		
1 – 2	Step left to left side. Touch right toe beside left.	Left Touch	Left
3 – 4	Step right to right side. Touch left toe beside right	Right Touch	Right
5 – 6	Step left to left side. Close right beside left.	Side Together	Left
7 – 8	Turn 1/4 left stepping left forward. Hold. (9:00)	Quarter Hold	Turning left
Section 3	**Triple Step Full Turn, Hold, Mambo Forward With Sweep**		
1 – 4	Triple step full turn left, stepping - right, left, right (travels forward). Hold. (9:00)	Triple Full Turn Hold	Turning left
Option	Replace full turn with Right shuffle forward.		
5 – 8	Rock forward on left. Rock back on right. Step left back. Sweep right out and round.	Mambo Step Sweep	On the spot
Section 4	**Back, Sweep, Back, Sweep, Coaster Step, Hold**		
1 – 4	Step right back. Sweep left out and round. Step left back. Sweep right out and round.	Back Sweep Back Sweep	Back
5 – 8	Step right back. Step left beside right. Step right forward. Hold.	Coaster Step Hold	On the spot
Section 5	**Step, Pivot 1/2, Step, Hold, Side Rock Cross, Hold**		
1 – 4	Step left forward. Pivot 1/2 turn right. Step left forward. Hold. (3:00)	Step Pivot Step Hold	Turning right
5 – 8	Rock right to right side. Recover onto left. Cross right over left. Hold.	Side Rock Cross Hold	On the spot
Section 6	**Side Rock, Cross, Hold, Side, Behind, 1/4 Turn, Hold**		
1 – 4	Rock left to left side. Recover onto right. Cross left over right. Hold.	Side Rock Cross Hold	On the spot
5 – 6	Step right to side. Cross left behind right.	Side Behind	Right
7 – 8	Turn 1/4 right stepping right forward. Hold. (6:00)	Quarter Hold	Turning right
Restart	**Wall 5:** Replace Hold with Step left beside right and start the dance again (6:00).		
Section 7	**Step, Pivot 1/2, 1/4 Turn, Behind, 1/4 Turn, Step, Hold**		
1 – 4	Step left forward. Pivot 1/2 right. Turn 1/4 right stepping left to side. Hold. (3:00)	Step Three Quarter Hold	Turning right
5 – 8	Cross right behind left. Turn 1/4 left stepping left to side. Step right forward. Hold.	Step Quarter Step Hold	Turning left
Section 8	**Mambo 1/2 Turn, Hold, Step, Pivot 1/4, Touch, Hold**		
1 – 2	Rock forward on left. Rock back on right (prep for turn).	Mambo	
3 – 4	Turn 1/2 left stepping left forward. Hold. (6:00)	Half Hold	Turning left
7 – 8	Step right forward. Pivot 1/4 turn left. Touch right beside left. Hold. (3:00)	Step Pivot Touch Hold	
Ending	**Wall 8, Count 32: Step, Pivot 1/2, Cross, Hold**		
1 – 4	Step left forward. Pivot 1/4 turn right. Cross left over right. Hold and smile!	Step Pivot Cross Hold	Turning right

Choreographed by: Yvonne Anderson (UK) July 2013

Choreographed to: 'This Is Me Missing You' by James House from CD Days Gone By; download available from amazon or iTunes (start on main vocals)

Restart: One Restart during Wall 5

Watch & Learn

A video clip of this dance is available at www.linedancermagazine.com